



THE CARBON/CLIMATE FOOTPRINT OF THE FOOD

WE EAT

Listed below are some situations for you to consider. Once you have read an item, please select an answer to indicate your level of agreement with that item (1 // Strongly Disagree, 2 // Disagree, 3 // Neutral, 4 // Agree, 5 // Strongly Agree).

This form aims to assess the impact of climate studies on the development of character qualities in students. We believe climate studies provide vital knowledge about our environment and can shape the character, values, and behaviors of individuals, ultimately fostering a more sustainable and resilient future.

There are no right or wrong answers, and we encourage you to share your honest opinions and experiences.

Statement	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
I can enjoy sitting and eating food.					
I am aware of the importance of minimizing food waste.					
I feel sad if I see food wasted.					
I can easily find words to describe my feelings when I am hungry.					
I can at least briefly explain the difference between best-before dates and use-by on food labels.					
I would prevent the over-shopping of food, even if I was criticized or ridiculed by those around me for doing so.					



Doing the right thing in reducing food waste is extremely important to me.					
I would have no problem contacting public authorities (family, school, supermarket manager) and asking them questions about food waste and composting in my community.					
I am able to speak publicly about my views because in this way I can motivate others to compost their leftovers and trash better.					
Despite rejection from those around me, I would be able to persevere in my efforts to decrease the waste of food.					
I believe that my efforts to protect the environment would make a difference.					
I would be able to make an effort to regulate the waste of my food, even if I sometimes don't feel like it.					
I am proud that I take part in protecting the environment.					
It is important for me to have up-to-date information on the status of how much food my school canteen throws out.					
Even if I were to be the only one in my surroundings, I would want to limit food waste.					
I like to learn new things, even if they are unfamiliar to me.					
I can think for a long time and look for the necessary information to solve a problem.					
I like to listen to other people's opinions and discuss with them, even if I don't always agree with them.					
I'm interested in how someone else solved a similar problem.					



I think about other options before I choose a solution.					
I can be an example for others.					
I try to look for ways to improve what we do.					
I treat others with dignity and respect their opinions and motivations.					
I can explain the reasoning behind my decisions.					
I support cooperation and ensure that everyone in a team wants to achieve a common goal.					
I feel motivated to help the environment in my spare time.					
I feel responsible not only for myself but also for others and the environment.					
If I see irresponsible behavior, I try to address it.					
I can change my views and behavior if it helps the environment.					
I can assess how my actions affect the environment and my community.					



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