



## HEALTH RISKS CONNECTED TO THERMAL STRESS

Listed below are some situations for you to consider. Once you have read an item, please select an answer to indicate your level of agreement with that item (1 // Strongly Disagree, 2 // Disagree, 3 // Neutral, 4 // Agree, 5 // Strongly Agree).

This form aims to assess the impact of climate studies on the development of character qualities in students. We believe climate studies provide vital knowledge about our environment and can shape the character, values, and behaviors of individuals, ultimately fostering a more sustainable and resilient future.

There are no right or wrong answers, and we encourage you to share your honest opinions and experiences.

Statement	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
Cooling down during a hot night feels good.					
I am aware of the importance of thermal comfort and its effect on my well-being.					
The lack of green spaces in my environment affects my feelings and emotions.					
I can easily find words to describe my feelings when I am hot.					
I can at least briefly explain how increasing temperatures increase health risks.					
I would work to enhance thermal comfort in my neighborhood, even if I was criticized or ridiculed by those around me for doing so.					

Doing the right thing in reducing health risks due to increasing temperatures is extremely important to me.					
I would have no problem contacting public authorities (mayor, health officer, conservationists) and asking them questions about urban planning to increase thermal comfort in my surroundings.					
I am able to speak publicly about my views because in this way I can motivate others to help change our surroundings for the better.					
Despite rejection from those around me, I would be able to persevere in my efforts to increase shaded areas in my area.					
I believe my efforts to increase thermal comfort around me would make a difference.					
I can make an effort to work on reducing health risks due to climate change, even if I sometimes don't feel like it.					
I am proud to do something aimed at increasing thermal comfort.					
It is essential for me to have up-to-date information on the status of local temperature and related health risks.					
Even if I were to be the only one in my surroundings, I would promote the importance and use of public green spaces for reducing the urban heat island.					
I like to learn new things, even if they are unfamiliar to me.					
I can think for a long time and look for the necessary information to solve a problem.					
I like to listen to other people's opinions and discuss with them, even if I don't always agree with them.					
I'm interested in how someone else solved a similar problem.					



I think about other options before I choose a solution.					
I can be an example for others.					
I try to look for ways to improve what we do.					
I treat others with dignity and respect their opinions and motivations.					
I can explain the reasoning behind my decisions.					
I support cooperation and ensure that everyone in a team wants to achieve a common goal.					
I feel motivated to help the environment in my spare time.					
I feel responsible not only for myself but also for others and the environment.					
If I see irresponsible behavior, I try to address it.					
I can change my views and behavior if it helps the environment.					
I can assess how my actions affect the environment and my community.					



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